

# Coaches Code of Behaviour

## Hunter Ice Skating Club



*In the interest of safety and harmony of skating, coaches and skaters of all levels should observe the following Code of Behaviour.*

### **Coaches Code of Behaviour:**

- a) **Place the safety and welfare of the athletes above all else;**
- b) Help each person (athlete, official, etc) reach their potential - respect the talent, development stage and goals of each person and compliment and encourage with positive and supportive feedback;
- c) Any physical contact with a person should be appropriate to the situation and necessary for the person's skill development;
- d) Be honest and do not allow your qualifications to be misrepresented.
- e) Remember that young people participate for pleasure, and winning is only part of the fun.
- f) Never ridicule or yell at a young athlete for making a mistake or not coming first.
- g) Be reasonable in your demands on athletes' time, energy and enthusiasm.
- h) Operate within the rules and spirit of the sport and teach the athletes to do the same.
- i) Avoid over using and favouring the talented athletes in teams and in practice, the "just average" need and deserve equal time.
- j) Ensure that the time the athletes spend with you is a positive experience. All young people are deserving of equal attention and opportunities.
- k) Ensure that equipment and facilities meet safety standards and are appropriate to the age and ability of all athletes.
- l) **Display control, respect and professionalism to all involved with the sport. This includes opponents, coaches, officials, administrators, the media, parents and spectators. Encourage athletes to do the same.**
- m) Show concern and caution toward sick and injured athletes. Follow the advice of a physician when determining whether an injured athlete is ready to recommence training or competition.
- n) Obtain appropriate qualifications and keep up to date with the latest coaching practices and the principles of growth and development of young people.
- o) Any physical contact with a young person should be appropriate to the situation and necessary for the athletes' skill development.
- p) Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.