### ICE SKATING AUSTRALIA

# 2013 / 2014 Pairs Free Skate Elements (20th June 2013)

PRE-PRIMARY	Lifts		Throw	Solo				Death Spiral or	Choreographed
2:00 +/- 10 sec	Max 1		Jump	Jump				Pivot Figure Spiral	Sequence
Max Level 2 to			(Optional)	Mass 4		<b>0</b> D		Max 1	Max 1
be called for	One lift selected from		(Optional)	IVIAX I	Solo Spin	OR	Pair Spin	IVIAX I	IVIAX I
elements with			Cinala	Cinala	Max 1		Max 1	Decider 4 band to 4	Min 1 animala bu bath
features	Group 1 OR Group 2 Waist		Single (Optional)	Single	No change of		No change of	Regular 1-hand to 1-hand hold required.	Min 1 spirals by both partners for 3 secs
- Toutaroo	Loop Lift		(Optional)		foot, change		foot, no	nand noid required.	each
Components SS,					of position		change of		Caon
PE	Carry type lifts or carry				optional.		position.	In death or pivot	
F.L.	features, variations of				Min 3 revs in		Min 3 revs in	figure position, both	
	position, no-handed, 1-				total		total	partners must	
IJS Level -	handed, combo lifts and lifts							execute min 1/2 rev	for a fixed base
Pre-Primary	that turn in both directions						May not	with man in pivot	value
,	are NOT permitted						commence	position.	
ISA Communication	·						with a jump.	•	
19	Min 1 rev and Max 3 1/2 revs							Pivot Figure not	
	by man							eligible for features.	
PRIMARY	Lifts	Twist		Solo				Death Spiral or	Choreographed
3:00 +/- 10 sec	Max 2	Lift		Jump				Pivot Figure Spiral	Sequence
Max Level 2 to		Max 1		Max 1				Max 1	Max 1
be called for	Two different lifts of Group				Solo Spin	OR	Pair Spin		
elements with	1 to Group 2			Single	•	Oit	•	Regular 1-hand to 1-	Min 1 spirals by both
features		Twist Lift		or	Max 1		Max 1	hand hold required.	partners for 3 secs
	One arm holds are not	(Single)		Double	No change of		No change of		p =
Components SS,	allowed (full extension of	(Olligic)		Doubic	foot, change		foot, no	In death or pivot	
PE	the lifting arm of the partner				of position		change of	figure position, both	
	•				optional.		position.	partners must	for a fixed base
IJS Level -	is not required).				Min 5 revs in		Min 5 revs in	execute min 1/2 rev	ioi a lixeu base
ISU Basic	Min 1 rev and Max 3 1/2 revs				total		total	with man in pivot	value
Novice Pair							May not	·	value
	by man						commence	position.	
ISU Communication							with a jump.	D: -( E: (	
1760								Pivot Figure not	
								eligible for features.	

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NOVICE	Lifts Max 2	Twist Lift	Throw Jump	Solo Jump	Pair Spin or Pair Spin	Pivot Spiral	Choreographed Spiral Sequence	
3:30 +/- 10 sec		Max 1	Max 1	Max 1	Combination	Max 1	Max 1	
Max Level 3 to be called for elements with features	Two different lifts of Groups 1 to 4, one arm holds not allowed. In group 1 and 2 full	Single or Double	Single or Double	Single or Double	Max 1 Min 5 revs in total	If the death spiral is executed, it is marked according to	Min 1 spirals by both partners for 3 secs each	
Components	extension of the lifting					ISU rules.	fixed base value	
SS, TR, PE, IN	arm of the partner is							
IJS Level – ISU Advanced Novice Pair	not required.  Min 1 rev and Max 3½							
ISU Communication 1760	revs by man							

	Lifts	Twist	Throw	Solo	Jump Combination /	Pair Spin	Solo Spin	Death Spiral	Choreographed
	Max 2	Lift	Jump	Jump	Sequence	Combination	Combination	Max 1	Sequence
		Max 1	Max 2	Max 1	Max 1	Max 1	Max 1		Max 1
	One must be from Group 3 or 4	No limit to	Different	No limit on the number	Jump combination may consist of 2 or 3	Min 8 revs At least 1 change	Min 10 revs Change of	When the Death Spiral posn is	Must include at least one spiral (not a kick) by each partner of any
IIINIOD	Full extension of	number		of revs	jumps	of position by	foot is optional	attained, both	length, must fully
JUNIOR 4:00 +/-10 sec IJS Level - ISU Junior Pair ISU Rule 521 2013/14	lifting arms  Min 1 rev and Max 3 1/2 revs by man  Only 1 lift may include a carry feature. Carry type lifts (1/2 rotation entry/exit) are permitted, but not included in the allowed number of lifts (transitions only)			orrevs	Jumps executed with more than 2 revs must be of different nature (different name), however the combo or seq can include two same jumps	each partner and 1 change of foot by both partners.		partners must execute min 1 rev with man in low pivot posn  Variations of arm hold possible	utilize the ice surface. Fixed Base Value

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	Lifts	Twist Lift	Throw	Solo	Jump Combination /	Pair Spin	Solo Spin	Death Spiral	Choreographed
	Max 3	Max 1	Jump	Jump	Sequence	Max 1	Max 1	Max 1	Sequence
			Max 2	Max 1	Max 1	Pair Spin	Solo Spin	Different from	Max 1
	One must be from	No limit to	Different	No limit	Jump combination	Combo	Combination	the Death Spiral	Must include at least
	Group 3 or 4	number of	Billoroni	on the	may consist of 2 or 3	Combo	Combination	of the short	one spiral (not a kick)
SENIOR		revs		number	jumps	Min 8 revs	Min 10 revs	program	by each partner of any
4:30 +/-	Full extension of			of revs					length, must fully
10 sec	lifting arms	Take-off			Jumps executed with	At least 1	Optional	When the Death	utilize the ice surface.
		_may be			more than 2 revs must	chg of posn	change foot (3	Spiral posn is	Fixed Base Value
IJS Level	Min 1 rev and Max 3	Toe Loop,			be of different nature	and 1 chg of	revs before and	attained, both	
- ISU	1/2 revs by man	Flip/Lutz or Axel			(different name), however the combo or	foot by each partner (3	after change of foot)	partners must execute min 1	
Senior	If 2 Group 5 lifts are	OI AXEI			seq can include two	revs before	1001)	rev with man in	
Pair	executed each must				same jumps	and after chg		full pivot posn	
ISU Rule 521	have different take-				, , , , , , , , , , , , , , , , , , ,	of foot)			
2013/14	off (Toe, Step,							Variations of	
	Reverse or Axel type							arm holds and	
	lasso)							pivot posn possible	
	Only 4 lift many							possible	
	Only 1 lift may include a carry								
	feature. Carry type								
	lifts (1/2 rotation								
	entry/exit) are								
	permitted, but not								
	included in the								
	allowed number of								
	lifts (transitions only)								

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